OAL Adventure Camping Trip Experience Log

Use this log to track your adventure camping experiences. It is especially important:

- If you are new to adventure camping as this log will help you document your experience leading to the requirements of a Safe Guide Trip Assist or Trip Lead.
- If you are new to Girl Guides and have experience from elsewhere, this is a format for documenting your experience.

Name:

Trip type (canoe, kayak backpack etc.)	**Dates of trip**	**Route description**	**Length (km)**	**# of trip nights**	**Size and age of Group** (adult or youth?)	**Position(s) on trip** (leader, organizer, participant)	**Role in management and prep (Route planning, food, gear, navigation etc.)**